

# PAT'S RUN 20<sup>TH</sup>

PRESENTED BY  **TEKsystems**  
Own change

**20**  
**YEARS**  
**ONE**  
**LEGACY**

**APRIL 13, 2024**

**PATSRUN.COM**

at Arizona State University

#PatsRun24    





# **20 YEARS. ONE LEGACY.**

## **20th Annual Pat's Run**

### ***Dear Pat's Run Friends, Supporters, and Participants:***

As we reflect on the last twenty years of Pat's Run, we are filled with a sense of gratitude and pride. This milestone transcends the event itself; it's a vibrant testament to our friend Pat, his enduring spirit, his commitment to service, and his unyielding passion to a cause greater than oneself.

From this event's humble beginnings, to now drawing tens of thousands from across the nation, the impact we've seen is nothing short of inspirational. It's a transformation that speaks volumes about Pat's legacy and each of you - our dedicated participants, volunteers, and supporters. Your unwavering commitment, your enthusiasm, and your spirit of community have been the driving force behind the growth of Pat's Run. Each year, as we run or walk those 4.2 miles together, we do more than just commemorate a man; we honor our collective ability to make a difference, inspire change, and carry forward the values that Pat embodied.

This year encompasses two decades of memories, the friendships formed along the route, and the impact made by the Tillman Scholars program, which you have helped support and grow. Your participation and support have been instrumental in transforming Pat's Run into not only a memorable day in Arizona but an inspiration that reaches far beyond the state.

Let us come together this year with joy, resolve, and a deep sense of purpose to make the 20th Annual Pat's Run the best yet, to continue to honor Pat's legacy, and to celebrate the enduring impact we can create when we unite for a cause greater than ourselves. Thank you for being a part of this journey.

And as Pat loved to yell, 'Everyday is Sunday, baby!' Let's get after it!

***Pat's Friends and the Co-Founders of Pat's Run,  
Perry Edinger, Alex Garwood, Doug Tammaro, Mark Zimmer, and Christina Hundley***



# WE'RE PROUD TO PRESENT THE 20th ANNUAL PAT'S RUN

## WE'RE ALL IN. TOGETHER.

At TEKsystems, we want to create a legacy of positive change and drive transformation—transformation that fuels business, technology and people. Each year, we help 3K-plus military service members, veterans and spouses secure careers in technology across the U.S. and in six countries. With thousands of current opportunities in all 50 states, we're ready to partner with you.

We're seeking dedicated individuals to serve as recruiters and account managers in our 100-plus locations across the country. Let us go all in together and serve as your partner in career transformation.

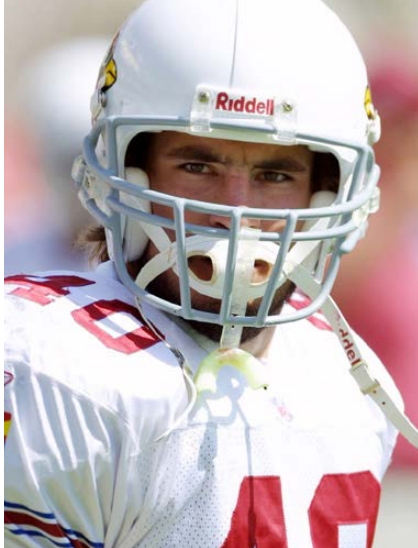
**What's your legacy?**

[TEKsystems.com/careers](https://tek.com/careers)



# MISSION

Our mission is to **unite and empower remarkable military veterans and spouses** as the next generation of public and private sector leaders committed to service beyond self.



## CORE VALUES

We select scholars based on these four core values – here are just a few of the ways they live up to them every day.



### SERVICE

Dedicated to service beyond self, in and out of uniform.



### SCHOLARSHIP

A lifelong learner, passionate about intellectual growth.



### HUMBLE LEADERSHIP

Selflessly committed to leading by example.



### IMPACT

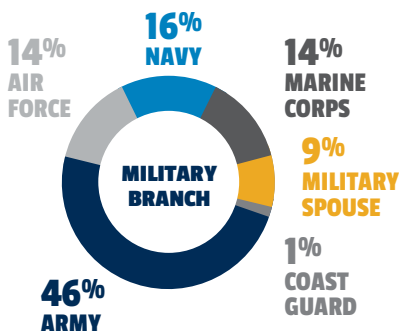
Determined to unite others and advance ideas that change the world.

## ABOUT OUR SCHOLARS TILLMAN SCHOLAR

Tillman Scholars are remarkable service members, veterans, and military spouses whose commitment to leadership through action and service beyond self goes beyond the uniform. Since our founding in 2004, we've selected nearly 900 Tillman Scholars as the next generation of leaders, empowering them through academic scholarships, lifelong leadership development, and a global community of high-performing peers and mentors.

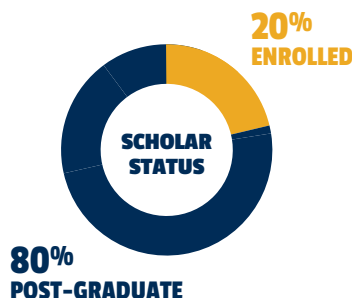
**850+** 

**TILLMAN SCHOLARS  
IN OUR COMMUNITY**



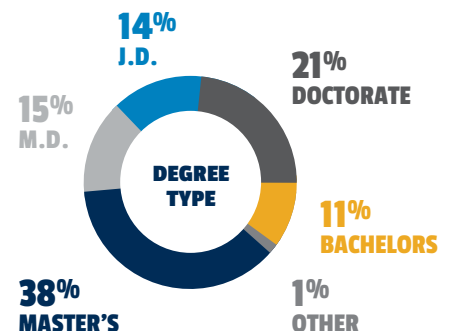
**\$34**  **MILLION**

**INVESTED IN LEADERSHIP AND  
ACADEMIC SUPPORT TO DATE**



**\$22K** 


**AVERAGE LIFETIME  
ACADEMIC AWARD**



For more details on our scholars, please visit [scholars.ptf.org](https://scholars.ptf.org).

# **TILLMAN LEADERSHIP INSTITUTE**

## Developing Leaders at All Levels



The Tillman Leadership institute is a strategic initiative from the Pat Tillman Foundation that empowers professionals, students, and global citizens to lead through action and develop communities that do the same.

### **LEADERSHIP PROGRAMS THAT FIT YOUR NEEDS:**



**IMPACT LEADERS PROGRAM**



**STUDENT-ATHLETE EMERGING LEADERS PROGRAM**



**CUSTOMIZABLE PROGRAMMING**

**JOIN OUR DIGITAL IMPACT LEADERS PROGRAM  
SUMMER COHORT: JUNE 7- AUGUST 23**

Learn More at [TillmanInstitute.org](https://TillmanInstitute.org)

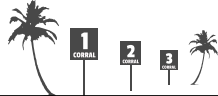
# WHAT YOU NEED TO KNOW FOR RACE DAY

**6:00 A.M.**



EXPO OPENS

**6:30 A.M.**



CORRALS OPEN

**6:55 A.M.**



JAKE PLUMMER AND THE '97 ROSE BOWL TEAM WELCOME

**7:00 A.M.**



4.2 MILE CHAIR RACE START

**7:05 A.M.**



4.2 MILE RACE START

**10:00 A.M.**



0.42 MILE KIDS RUN START

**11:00 A.M.**



EVENT ENDS

**11:00 A.M.**



JOIN US FOR A TOAST AT CASEY MOORE'S



## RACE SHIRT, BIB & MEDAL

Your race bib must be pinned, visible, and worn on the front and outside of all clothing during the entire race. Your race bib is non-transferable and may only be worn by you. The timing tag on your race bib (activated as you cross the start line mats) will ensure that your official race time is not affected by your corral assignment. After crossing the finish line, you must present your bib to receive the 2024 Pat's Run Medal, the second in our three-year series.



## SAFETY PRECAUTIONS & PROHIBITED ITEMS

All attendees will be screened using metal detectors before entering the race area. Bags, weapons of any kind, dogs and other pets, drones, bicycles, in-line skates, skateboards, scooters, and all motor-driven vehicles are prohibited. Participants who do not adhere to the Pat's Run safety guidelines will be denied access. Please bring only essential items to the race. There is no onsite storage provided for race participants.

## START LINE CORRALS

Race participants will be invited to enter their assigned corrals at 6:30 a.m. Runners in Corrals 1-10 should plan to arrive between 6:30 and 7. Corrals 11-28 can arrive between 7 and 7:30 a.m. to make their expected start time. Each runner is assigned to a corral based on state-of-the-art algorithms drawing from multiple data points including previous run times from various running events and expected finish time. You are only permitted to enter your assigned corral or any corral behind your assigned corral. To alleviate congestion on the course, runners must stay to the right and walkers must stay to the left of the course.

# GETTING AROUND ON RACE DAY

## **P** TRANSPORTATION

Limited free parking is available in the parking garages and lots surrounding ASU. Due to race day traffic congestion, participants are strongly encouraged to carpool, walk, bike or ride the Valley METRO Light Rail to arrive at the event site. To avoid delays, approaching the race venue from south of Rio Salado Parkway is advised. Bikes can be parked on the North West corner of Rio Salado and Rural Road.

The Valley METRO Light Rail has a stop conveniently located at Veterans Way and College Avenue (½ mile from the start line) and various Park & Ride locations, including McClintock Dr/Apache Blvd and 101 Fwy/ Apache Blvd. Trains run every 15 minutes starting at 4:00 a.m.

## **🚲** RUNNING STROLLERS

Participants with strollers who wish to run (and finish in less than 40 minutes) will be allowed to start in a corral marked “Running Strollers” directly behind the last runner’s corral, number 7, regardless of assigned corral. Only individual runners with strollers may enter this corral; no family members or running buddies. All walkers or slow joggers with strollers, regardless of estimated finish time, will be required to start in the final corral, number 28.

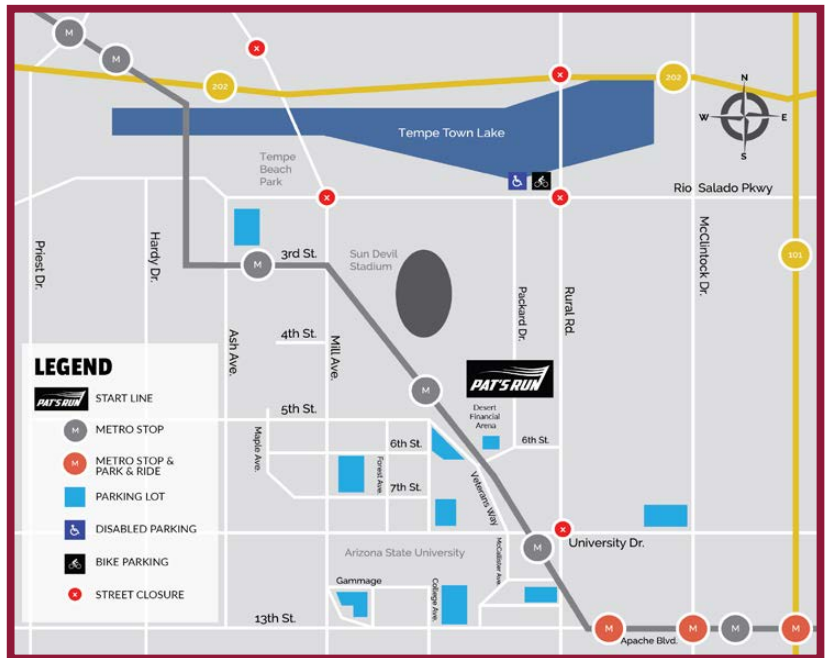
## **i** INFORMATION BOOTH

The Race Information booth will be located at the south end of the Race Day Expo. The Information Booth will also serve as the event Lost & Found. Valuables found in the race venue can be delivered to and retrieved from the Information Booth. Any valuable items NOT claimed by 11 a.m. will be returned to the Pat Tillman Foundation office. To claim an item after the event, please email [patsrun@pattillmanfoundation.org](mailto:patsrun@pattillmanfoundation.org).

## **+** MEDICAL STATIONS

The Medical Team is a dedicated group of medical professionals available to assess your race day needs and administer acute first aid if necessary. Medical stations will be located at the start, finish, and every water station along the course. For race day help, look for the volunteers dressed in red shirts with a white cross.

## PARKING MAP



## RACE ROUTE



# KID'S RUN, EXPO & POST-RACE INFO

## KID'S RUN

Let's ensure a safe and enjoyable day for our youngest supporters and their families. Pat's Run Kid's Run is a 0.42 mile, noncompetitive run/walk for children 12 years and under. The Kid's Run starts at 10 a.m. Kid's Run participants will receive a Kid's Run shirt and medallion. Unless you paid for advance shipping, please plan to pick up Kid's Run materials during Packet Pickup outside the north end of Mountain America Stadium, home of the ASU Sun Devils.

## KID'S PICKUP ZONE

All children 12 years old and under who are registered for the 4.2 or 0.42 mile race will be issued a matching pair of Kid's Pickup Wristbands, one for their parent or guardian, and one for the child. After crossing the finish line, kids 12 and under can safely wait for a parent in the Kid's Pickup Zone located east of the finish line. Children will be released to a parent/guardian wearing the wristband that exactly matches the number on the child's wristband. Kid's Run participants will not receive a 4.2 mile finisher medal but will receive a Kid's Run medallion at the finish line.

## KID'S RUN MAP



## VISIT THE EXPO!

Visit the Pat's Run Expo before and after the race where more than 50 local and national vendors will provide food and drink samples, giveaways, and more.

## TOAST AT CASEY MOORE'S

Keep the celebration going after Pat's Run ends! Join us at Casey Moore's Oyster House, 850 S. Ash, for a toast event hosted by our friends at Diageo. Buy a commemorative 2024 pint glass and celebrate a race well run!

## OFFICIAL RESULTS & PHOTOGRAPHY

The official race results will be posted online at [patsrun.com](https://patsrun.com) on April 13, 2024. Free race photography will be posted online within your race results in the days following the race.





# A great career for Cindy, a stronger economy for the nation

ASU ranks as the No. 2 public university in the U.S. for employability of its graduates, ahead of UCLA, University of Michigan and Purdue. For Cindy, that means she was able to land her dream job as a microelectronics engineer. For the rest of us, it means filling critical gaps in our nation's workforce in engineering, science and more. ASU graduates fuel our future and make our national economy stronger.

**Cindy Rogel Bahena**  
'21 BSE in materials science  
and engineering, now a  
Process Engineer at Intel

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University

[asu.edu](http://asu.edu)

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employability  
among public universities

ASU ahead of UCLA, University of Michigan and Purdue  
— Global Employability University Ranking and Survey, 2024



# CORRAL LEADERS

Meet the Tillman Scholar leading your corral! These runners and walkers represent our community of more than 850 military service members, veterans, and spouses who lead through action and serve beyond self.

## TILLMAN SCHOLARS 2023



## TILLMAN SCHOLARS 2022



## TILLMAN SCHOLARS 2021



**2018** TILLMAN SCHOLAR

U.S. ARMY  
GEORGE MASON UNIVERSITY  
POLITICAL SCIENCE

ALI  
**NAYYEF**



**2011** TILLMAN SCHOLAR

U.S. ARMY  
GEORGETOWN UNIVERSITY  
PUBLIC POLICY

MARGARET  
**SMITH**



**2010** TILLMAN SCHOLAR

U.S. ARMY  
UNIVERSITY OF SOUTHERN  
CALIFORNIA | CINEMA AND TV  
PRODUCTION

CHRIS  
**ROESSNER**



**2010** TILLMAN SCHOLAR

U.S. MARINE CORPS  
HARVARD UNIVERSITY  
BUSINESS

REGAN  
**TURNER**



**2018** TILLMAN SCHOLAR

U.S. ARMY  
EMBRY RIDDLE AERONAUTICAL  
UNIVERSITY | OCCUPATIONAL  
HEALTH & SAFETY

NATASHA  
**RYAN**



**2012** TILLMAN SCHOLAR

U.S. NAVY  
UNIVERSITY OF SAN DIEGO  
INTERNATIONAL BUSINESS

JOE  
**MOLINA**



**2023** TILLMAN SCHOLAR

U.S. AIR FORCE  
THE GEORGE WASHINGTON  
UNIVERSITY | MPH

ORAIN  
**EDWARDS**



**2010**  **TILLMAN**  
SCHOLAR

U.S. ARMY  
CHARLESTON SCHOOL OF LAW  
LAW

**AARON  
DUNN**



**8**

**2015**  **TILLMAN**  
SCHOLAR

U.S. ARMY  
VANDERBILT UNIVERSITY  
NURSING

**JACKIE  
MUNN**



**15**

**2015**  **TILLMAN**  
SCHOLAR

U.S. AIR FORCE  
ST. LOUIS UNIVERSITY  
HEALTHCARE

**MICHELLE  
NEVEU**



**22**

**2015**  **TILLMAN**  
SCHOLAR

U.S. NAVY  
TUFTS UNIVERSITY  
INTERNATIONAL AFFAIRS

**ANTHONY  
LENA**



**9**

**2021**  **TILLMAN**  
SCHOLAR

U.S. ARMY  
UNIVERSITY OF MARYLAND  
CIVIL ENGINEERING

**MIA  
RENNA**



**16**

**2020**  **TILLMAN**  
SCHOLAR

U.S. MARINE CORPS  
TEXAS A&M  
GEOGRAPHY

**LUIS  
MARTINEZ, JR. 23**



**2020**  **TILLMAN**  
SCHOLAR

U.S. ARMY  
ARIZONA STATE UNIVERSITY  
HEALTHCARE

**HYEJUNG  
PARK**



**10**

**2019**  **TILLMAN**  
SCHOLAR

U.S. ARMY  
YALE UNIVERSITY  
HEALTHCARE

**WILLIAM  
EISENHART**



**17**

**2010**  **TILLMAN**  
SCHOLAR

U.S. AIR FORCE  
JOHN HOPKINS UNIVERSITY  
GOVERNMENT

**LIZ  
O'HERRIN LEE 24**



**2013**  **TILLMAN**  
SCHOLAR

U.S. AIR FORCE  
THE GEORGE WASHINGTON  
UNIVERSITY | COMMUNICATIONS

**HEATHER  
KING**



**11**

**2016**  **TILLMAN**  
SCHOLAR

U.S. ARMY  
GEORGETOWN UNIVERSITY  
LAW

**ASHLEY  
NICOLAS**



**18**

**2023**  **TILLMAN**  
SCHOLAR

U.S. AIR FORCE  
UCLA  
PSYCHOLOGY

**TYRUS  
KORECKI**



**25**

**2023**  **TILLMAN**  
SCHOLAR

MILITARY SPOUSE  
UCLA  
LAW

**EVAN  
ZEPEDA**



**12**

**2023**  **TILLMAN**  
SCHOLAR

U.S. ARMY  
SYRACUSE UNIVERSITY  
LAW

**LU  
WEIERBACH**



**19**

**2016**  **TILLMAN**  
SCHOLAR

U.S. AIR FORCE  
MIDWESTERN UNIVERSITY  
HEALTHCARE

**STEPHEN  
SKIANO**



**26**

**2019**  **TILLMAN**  
SCHOLAR

U.S. MARINE CORPS  
UNIVERSITY OF COLORADO  
MPH

**JESSICA  
LUNG**



**13**

**2017**  **TILLMAN**  
SCHOLAR

MILITARY SPOUSE  
UNIVERSITY OF OKLAHOMA  
MICROBIOLOGY

**EMILY  
JUNKINS**



**20**

**2016**  **TILLMAN**  
SCHOLAR

U.S. ARMY  
UNIVERSITY OF SOUTHERN  
CALIFORNIA | FILM PRODUCTION

**ROB  
HAM**



**27**

**2016**  **TILLMAN**  
SCHOLAR

U.S. AIR FORCE  
UNIVERSITY OF OKLAHOMA  
MEDICINE

**JAY  
VINNEDGE**



**14**

**2013**  **TILLMAN**  
SCHOLAR

MILITARY SPOUSE  
NEW YORK UNIVERSITY  
PUBLIC ADMINISTRATION

**TABATHA  
RENZ**



**21**

**2016**  **TILLMAN**  
SCHOLAR

MILITARY SPOUSE  
ARIZONA STATE UNIVERSITY  
HEALTHCARE

**KATIE  
NEWTON**



**28**

# THANK YOU TO OUR SPONSORS

We're grateful to our sponsors whose generous support and dedication make Pat's Run a success.



Interested in sponsoring the 21st Annual Pat's Run?  
For sponsorship opportunities, please contact Grant Murphy at [gmurphy@ptf.org](mailto:gmurphy@ptf.org)

# GO THE EXTRA MILE

GIVING HAS NEVER BEEN EASIER!

▶▶▶ **TEXT PATSRUN24**  
▶▶▶ **T050155**

SEE ALL THE WAYS YOU CAN SUPPORT AT [DONATE.PTF.ORG](https://DONATE.PTF.ORG)



## On a mission for Veterans and their families.

ADP is proud to support Pat Tillman Foundation's Tillman Scholars program, to empower the next generation of leaders.



Visit us at [jobs.adp.com/veterans](https://jobs.adp.com/veterans)

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MARINE CORPS  
NAVY  
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# RISE TO THE MOMENT



Aerotek is proud to support the Pat Tillman Foundation & the 20<sup>th</sup> Annual Pat's Run.

**Thank you runners and volunteers.**

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**BE FEARLESS.  
WE'RE HERE FOR YOU,  
EVERY STEP OF THE WAY.**

American Family Insurance is proud to support the 20th Annual Pat's Run



American Family Mutual Insurance Company, S.I. & its Operating Companies,  
6000 American Parkway, Madison, WI 53783



# RISE TO SERVE



[JOINPHXPD.COM](http://JOINPHXPD.COM)



## A Salute to Our Heros

We thank our veterans for their service and sacrifices to protect our freedom.

**XPO**

## A community of strength

Together, we're building a better, stronger community. State Farm® is proud to join our neighbors to support the Pat Tillman Foundation.



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PAT'S RUN**

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and Honors His Legacy  
by Supporting**

**PAT'S RUN**



WWII Navy veteran L. S. "Sam" Shoen and his wife, Anna Mary, started U-Haul® in 1945 with the vision and initiative to address the basic need of affordable, accessible mobility. In doing so, they ignited an industry. Many of our first Team Members, local dealers and customers were veterans returning home from the war, seeking to move their families to a better life.

Today, our ties to the military community remain prominent through our support of numerous veteran organizations and initiatives. Our nation's heroes seeking a promising civilian career are invited to join Team U-Haul. We recruit veterans and offer them, and their spouses, preference in the hiring process. Find your future at [uhauljobs.com](http://uhauljobs.com)

**Thank you veterans and  
Pat's Run participants!**



[uhaul.com/jobs](http://uhaul.com/jobs)



# Irish Stout



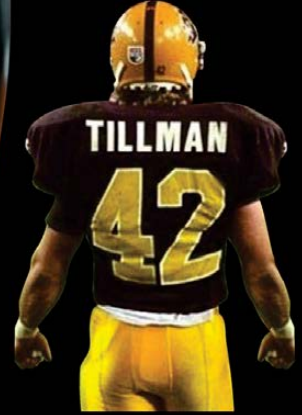
\$1<sup>.00</sup>

OF EVERY PINT SOLD WILL GO BACK TO THE PAT TILLMAN FOUNDATION

PEDAL HAUS BREWERY × PAT TILLMAN FOUNDATION

Join us at Casey Moore's Saturday April 13th to purchase your 2024 commemorative Pat Tillman Guinness Pint Glass

## PINTS FOR PAT



\*all proceeds to benefit the Pat Tillman Foundation



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Let's team up to celebrate Arizona's hero, Pat Tillman and the Tillman Scholar community, at the **20th** Annual Pat's Run.



Journalism is a tough  
job that annoys a lot of  
powerful people. Hell yeah.

**azcentral.**

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