19TH ANNUAL PAT'S RIII PRESENTED BY TEKSYSTEMS

4.15 39 **PATSRUN.COM**

want to

RISEABO

and bring everyone along with me.

PAT TILLMAN



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#PatsRun23

PAT TILLMAN T FOUNDATION

















RISE ABOVE

Celebrating Pat Tillman's Legacy

Pat's Run 2023, presented by TEKsystems, celebrates the legacy of Pat Tillman every April. Now in the 19th year, Pat's Run is the signature fundraiser for the Pat Tillman Foundation.

Proceeds from Pat's Run directly support the foundation's Tillman Scholars program. PTF empowers its more than 800 Tillman Scholars, remarkable service members, veterans, and military spouses, through academic scholarships, lifelong leadership development, and a supportive community of high-performing mentors and peers.

Pat's story on the football field and the Army is well-known, but it is his principles and service that are his true legacy. Pat believed in something bigger than himself and dedicated his life to serving it — thank you for joining us in honoring that legacy by walking or running 4.2 miles today.



WHAT YOU NEED TO KNOW FOR RACE DAY











7:00 A.M.



7:05 A.M.



4.2 MILE RACE START

10:00 A.M.



11:00 A.M.



11:00 A.M.



PINTS FOR PAT AT CASEY MOORE'S

NOON



ASU FOOTBALL SPRING GAME



RACE SHIRT, BIB & MEDAL

Your race bib must be pinned, visible, and worn on the front and outside of all clothing during the entire race. Your race bib is non-transferable and may only be worn by you. The timing tag on your race bib (activated as you cross the start line mats) will ensure that your official race time is not affected by your corral assignment. After crossing the finish line, you must present your bib to receive the 2023 Pat's Run Medal, the first in our new three-year series.



SAFETY PRECAUTIONS & PROHIBITED ITEMS

All attendees will be screened using metal detectors before entering the race area. Bags, weapons of any kind, dogs and other pets, drones, bicycles, in-line skates, skateboards, scooters, and all motor-driven vehicles are prohibited. Participants who do not adhere to the Pat's Run safety guidelines will be denied access. Please bring only essential items to the race. There is no onsite storage provided for race participants.

START LINE CORRALS

Race participants will be invited to enter their assigned corrals at 6:30 a.m. Runners in Corrals 1-10 should plan to arrive between 6:30 and 7. Corrals 11-28 can arrive between 7 and 7:30 a.m. to make their expected start time. Each runner is assigned to a corral based on stateof-the-art algorithms drawing from multiple data points including previous run times from various running events and expected finish time. You are only permitted to enter your assigned corral or any corral behind your assigned corral. To alleviate congestion on the course, runners must stay to the right and walkers must stay to the left of the course.

GETTING AROUND ON RACE DAY

PARKING TRANSPORTATION

Limited free parking is available in the parking garages and lots surrounding ASU. Due to race day traffic congestion, participants are strongly encouraged to carpool, walk, bike or ride the Valley METRO Light Rail to arrive at the event site. To avoid delays, approaching the race venue from south of Rio Salado Parkway is advised. Bikes can be parked on the North West corner of Rio Salado and Rural Road.

The Valley METRO Light Rail has a stop conveniently located at Veterans Way and College Avenue (½ mile from the start line) and various Park & Ride locations, including McClintock Dr/Apache Blvd and 101 Fwy/ Apache Blvd. Trains run every 15 minutes starting at 4:00 a.m.

RUNNING STROLLERS

Participants with strollers who wish to run (and finish in less than 40 minutes) will be allowed to start in a corral marked "Running Strollers" directly behind the last runner's corral, number 7, regardless of assigned corral. Only individual runners with strollers may enter this corral; no family members or running buddies. All walkers or slow joggers with strollers, regardless of estimated finish time, will be required to start in the final corral, number 28.

(i) INFORMATION BOOTH

The Race Information booth will be located at the south end of the Race Day Expo. The Information Booth will also serve as the event Lost & Found. Valuables found in the race venue can be delivered to and retrieved from the Information Booth. Any valuable items NOT claimed by 11 a.m. will be returned to the Pat Tillman Foundation office. To claim an item after the event, please email patsrun@pattillmanfoundation.org.



MEDICAL STATIONS

The Medical Team is a dedicated group of medical professionals available to assess your race day needs and administer acute first aid if necessary. Medical stations will be located at the start, finish, and every water station along the course. For race day help, look for the volunteers dressed in red shirts with a white cross.

PARKING MAP



RACE ROUTE



KIDS RUN, EXPO & POST-RACE INFO

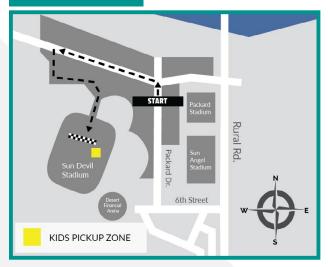
KIDS RUN

Let's ensure a safe and enjoyable day for our youngest supporters and their families. Pat's Run Kids Run is a 0.42 mile, noncompetitive run/walk for children 12 years and under. The Kids Run starts at 10 a.m. Kids Run participants will receive a a Kids' Run shirt and medallion. Unless you paid for advance shipping, please plan to pick up Kids Run materials during Packet Pickup outside the north end of Sun Devil Stadium.

KIDS PICKUP ZONE

All children 12 years old and under who are registered for the 4.2 or 0.42 mile race will be issued a matching pair of Kids Pickup Wristbands, one for their parent or guardian, and one for the child. After crossing the finish line, kids 12 and under can safely wait for a parent in the Kids Pickup Zone located east of the finish line. Children will be released to a parent/guardian wearing the wristband that exactly matches the number on the child's wristband. Kids Run participants will not receive a 4.2 mile finisher medal but will receive a Kids Run medallion at the finish line.

KIDS RUN MAP





VISIT THE EXPO!

Visit the Pat's Run Expo before and after the race where more than 50 local and national vendors will provide food and drink samples, giveaways, and more.

PINTS FOR PAT & ASU SPRING GAME

Keep the celebration going after Pat's Run ends! Join us at Casey Moore's Oyster House, 850 S. Ash, for a Pints for Pat event hosted by our friends at Diageo. Buy a commemorative 2023 pint glass and celebrate a race well run!

Later, head back to Sun Devil Stadium for the 2023 ASU Football Spring Game! Cheer on your Sun Devils at noon.

OFFICIAL RESULTS & PHOTOGRAPHY

The official race results will be posted online at <u>patsrun.com</u> on April 15, 2023. Free race photography will be posted online within your race results in the days following the race.









CORRAL LEADERS

Meet the Tillman Scholar leading your corral! These runners and walkers represent our community of more than 800 military service members, veterans, and spouses who lead through action and serve beyond self.

TILLMAN SCHOLARS 2022



TILLMAN SCHOLARS 2021



TILLMAN SCHOLARS 2020



2020 TILLMAN

U.S. ARMY
UNIVERSITY OF MINNESOTA
BUSINESS

KEVIN BUBOLZ



2011 TO TILLMAN

U.S. ARMY HARVARD UNIVERSITY PUBLIC POLICY

DAN FUTRELL



2021 T TILLMAN

MILITARY SPOUSE
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LAW

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2021 T TILLMAN

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2019 TILLMAN

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JESSICA **STURBLEFI**



2021 T ILLMAN

U.S. AIR FORCE UNIVERSITY OF IOWA BIOLOGY

JACOB SCHILLO



2015 IT ILLMAN

U.S. ARMY
PACIFIC NORTHWEST

UNIVERSITY | MEDICINE
THIEN
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2022 TI TILLMAN U.S. ARMY

UNIVESITY OF CHICAGO ECONOMICS & RELIGIOUS STUDIES

ERIC

LAW

SNYDER





2016 TI ILLMAN MILITARY SPOUSE ARIZONA STATE UNIVERSITY NURSING

KATIE NEWTON



2020 TT TILLMAN U.S. NAVY SANTA CLARA UNIVERSITY

MARCO SEGURA



2010 IT ILLMAN U.S. MARINE CORPS HARVARD UNIVERSITY **BUSINESS & PUBLIC POLICY**

REGAN TURNER



2020 TT TILLMAN U.S. ARMY ST. MARY'S UNIVERSITY ROBERT

MIHARA

2017 III III III U.S. ARMY

JACKSON STATE UNIVERSITY **PSYCHOLOGY**

BRIDGETTE BELL



2013 II ILLMAN U.S. AIR FORCE

GEORGE WASHINGTON UNIVERSITY | PUBLIC RELATIONS

HEATHER KING



2022 II JILMAN U.S. MARINE CORPS SYRACUSE UNIVERSITY LAW

NATASHA DELEON



U.S. NAVY UNIVERSITY OF COLORADO-BOULDER | BIOLOGY

CODY **BEAN**



2022 IT ILLMAN

U.S. ARMY SYRACUSE UNIVERSITY IAW

BILL

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2020 TI JULMAN

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SAFI RAUF



2018 TI JULINAN

U.S. MARINE CORPS GEORGIA STATE UNIVERSITY

PSYCHOLOGY JONATHAN YELLOWHAIR



2019 TI ILLMAN

U.S. MARINE CORPS SYRACUSE UNIVERSITY PUBLIC ADMINISTRATION

KATHERINE QUARTARO



2022 II III III III U.S. NAVY

SYRACUSE UNIVERSITY

AMANDA HIGGINSON



2020 T TILLMAN

FISHBACK

U.S. MARINE CORPS TEXAS A&M **GEOGRAPHY**

LUIS

MARTINEZ JR.



2016 III IIII U.S. AIR FORCE UNIVERSITY OF OKLAHOMA

MEDICINE **JAY**

VINNEDGE



2019 III ŢĻĻMAN

U.S. ARMY RHODE ISLAND SCHOOL OF DESIGN | ARCHITECTURE

CHRIS

VILLALTA



2018 III ŢĮĻĻMAN

ARIZONA STATE UNIVERSITY COMPUTER SCIENCE

VIVIN PALIATH



2017 III ŢĮĻĻMAN MILITARY SPOUSE

UNIVERSITY OF WASHINGTON PUBLIC HEALTH

MEGAN MALONE



MISSION

Our mission is to unite and empower remarkable military veterans and spouses as the next generation of public and private sector leaders committed to service beyond self.



CORE VALUES

We select scholars based on these four core values — here are just a few of the ways they live up to them every day.



SERVICE

Dedicated to service beyond self, in and out of uniform.



SCHOLARSHIP

A lifelong learner, passionate about intellectual growth.



HUMBLE LEADERSHIP

Selflessly committed to leading by example.



IMPACT

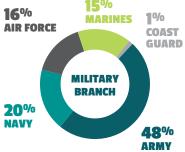
Determined to unite others and advance ideas that change the world.

ABOUT OUR SCHOLARS

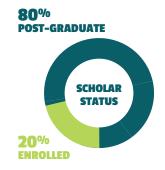


Tillman Scholars are remarkable service members, veterans, and military spouses whose commitment to leadership through action and service beyond self goes beyond the uniform. Since our founding in 2004, we've selected more than 800 Tillman Scholars as the next generation of leaders, empowering them through academic scholarships, lifelong leadership development, and a global community of high-performing peers and mentors.

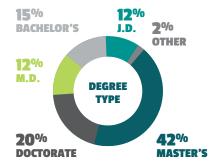






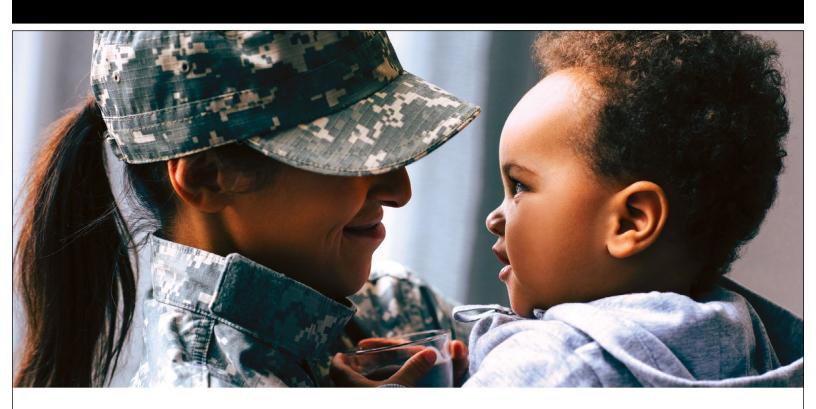








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Discover® proudly supports the Pat Tillman Foundation and their mission to unite and empower remarkable military veterans and spouses.



THANK YOU TO OUR SPONSORS

We're grateful to our sponsors whose generous support and dedication make Pat's Run a success.



















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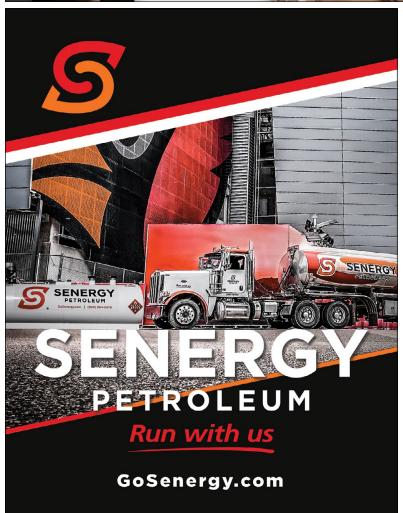




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At Aerotek, we strive to create a better future by making a positive impact on our employees, customers, communities and the environment.

WE ARE PROUD TO SUPPORT THE PAT TILLMAN FOUNDATION AND THE 19TH ANNUAL PAT'S RUN.

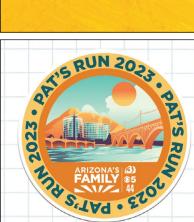
Thank you to all of this year's runners & volunteers!

To learn more about us, visit Aerotek.com

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Let's team up to celebrate Arizona's hero, Pat Tillman, at the 19th Annual Pat's Run.



Journalism is a tough, thankless job that annoys a lot of powerful people.

Hell yeah.

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THE ARIZONA REPUBLIC

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On a mission for Veterans and their families.

ADP is proud to support Pat Tillman Foundation's Tillman Scholars program, to empower the next generation of leaders.

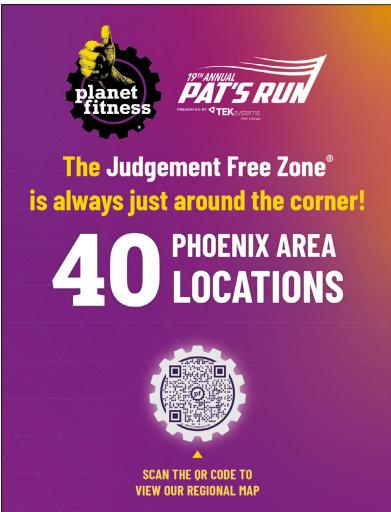


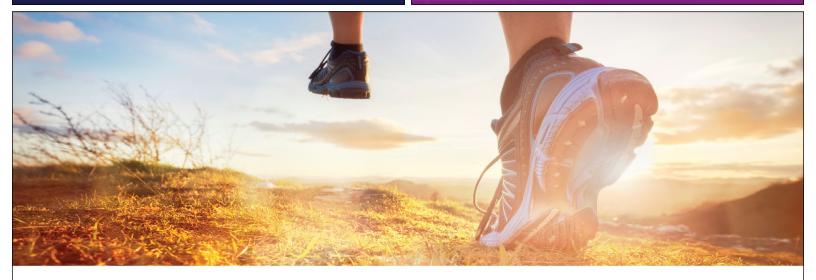
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